# Tensor instability in the Eddington-inspired Born-Infeld theory of gravity

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In this paper, we consider an extension to Eddington's proposal for the gravitational action. We study tensor perturbations of a homogeneous and isotropic space-time in the Eddington regime, where modifications to Einstein gravity are strong. We find that the tensor mode is linearly unstable deep in the Eddington regime and discuss its cosmological implications.

DOI: [10.1103/PhysRevD.85.087302](http://dx.doi.org/10.1103/PhysRevD.85.087302) PACS numbers: 98.80.k, 04.30.w, 14.70.Kv

### I. INTRODUCTION

An alternative theory of gravity was recently proposed in Ref. [[1](#page-3-0)] which attempted to extend Eddington's affine theory of gravity to the matter sector [\[2](#page-3-1)] (see also Refs. [[3](#page-3-2)[,4](#page-4-0)]). The new theory is formulated in Palatini form in terms of the affine connection  $\Gamma^{\mu}{}_{\alpha\beta}$  and a space-time metric,  $g_{\alpha\beta}$ , such that the gravitational action is given by

$$
S_{EBI}[g, \Gamma, \Psi] = \frac{2}{\kappa} \int d^4x [\sqrt{|g_{\mu\nu} + \kappa R_{\mu\nu}(\Gamma)|} - \lambda \sqrt{g}]
$$
  
+  $S_m[g, \Psi]$ ,

where  $\kappa = 8\pi G$ ,  $\Psi$  denotes any additional matter fields.  $R_{\mu\nu}$  is the symmetric Ricci tensor constructed with  $\Gamma$ . This action can reproduce Eddington's original action at large values of  $\kappa R$  and Einstein's at small values.

It was shown in Ref. [\[1](#page-3-0)] that this theory has a novel behavior within sources. It was found that, in stars, compact objects and black holes, the Eddington regime might not only lead to the avoidance of singularities but to significant modifications to the standard results of stellar astrophysics. The authors of Ref. [[5](#page-4-1)] showed that it was possible to test the Eddington corrections to Newtonian gravity using Solar physics, while in Ref. [[6\]](#page-4-2), it was shown that it should be possible to do the same around compact rotating sources. In Ref. [\[7](#page-4-3)], it was shown that the mere existence of bound gravitational objects of a certain size led to stringent constraints on the free parameter of the theory, while in Ref. [\[8](#page-4-4)], it was shown that the theory could reexpressed as a bigravity theory, along the lines of Ref. [\[9](#page-4-5)].

The Eddington regime will also arise in the very early Universe, and it was shown in Ref. [\[1\]](#page-3-0) that it may have led to a minimum scale factor. Hence, and more significantly than in black holes, the Eddington regime seems to prevent the formation of cosmological singularities, at least when seen in the context of homogeneous and isotropic spacetimes.

In this brief note, we look at one particular aspect of the cosmological behavior of the Eddington regime by studying the structure and evolution of linear tensor mode perturbations, i.e. cosmological gravitational waves. We focus on tensor modes because they are purely gravitational, unlike the scalar modes which are a combination of metric and density perturbations. This note is structured as follows: in Sec. [II](#page-0-3), we lay out the main equations and derive the evolution equation for traceless, transverse perturbations (i.e. tensor modes) to a homogeneous and isotropic space-time; in Sec. [III](#page-2-0), we find the solutions to the tensor equations in the Eddington regime and show that there is an instability; in Sec. [IV,](#page-3-3) we discuss the implication of our findings for this specific model and the wider consequences of this tensor instability for bigravity theories and their equivalents.

# <span id="page-0-3"></span>II. TENSOR MODES IN THE EDDINGTON BORN-INFELD THEORY

In this section, we review some key features of Ref. [\[1\]](#page-3-0) and introduce the procedure that will lead us to compute the tensor perturbations using the auxiliary metric  $q_{\mu\nu}$ . In Eq. (1), we see that the metric and the connection are treated as independent variables, known as Palatini variation. The resulting new set of evolution equations can be conveniently written in the form [\[1\]](#page-3-0)

<span id="page-0-7"></span>
$$
\sqrt{\left|\frac{q}{g}\right|}(q^{-1})^{\mu\nu} - \lambda g^{\mu\nu} = -\kappa T^{\mu\nu}(g, \Psi), \qquad (1)
$$

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$$
q_{\mu\nu} - g_{\mu\nu} = \kappa R_{\mu\nu}(q),\tag{2}
$$

where  $\lambda = 1 + \kappa \Lambda$ , and  $\kappa$  is a constant with the inverse dimensions to that of the cosmological constant  $\Lambda$ . Here,  $q_{\mu\nu}$  is an auxiliary rank-2 tensor, related to the original connection  $\Gamma$  via the Christoffel symbol.  $R_{\mu\nu}(q)$  is the associated curvature. The energy-momentum tensor is coupled to the metric  $g_{\mu\nu}$ . These equations imply that  $T^{\mu\nu}$  is conserved in the usual sense,  $T^{\mu\nu}{}_{;\nu} = 0$ , where the covariant derivative is taken with respect to the metric  $g_{\mu\nu}$ . This property is not obvious from the equations of motion, but follows in a straightforward way from the Lagrangian using invariance under general coordinate transformations.

We can consider a perturbed homogeneous and isotropic space-time by choosing the two metrics to be of the form

$$
g_{\mu\nu}dx^{\mu}dx^{\nu} = -a^2d\eta^2 + a^2(\delta_{ij} + h_{ij})dx^i dx^j,
$$
 (3)

$$
q_{\mu\nu}dx^{\mu}dx^{\nu} = -X^2d\eta^2 + Y^2(\delta_{ij} + \gamma_{ij})dx^i dx^j, \qquad (4)
$$

where  $a$ ,  $X$  and  $Y$  are solely functions of conformal time, and  $\eta$ , both  $h_{ij}$  and  $\gamma_{ij}$  are transverse and traceless, i.e.  $h_{ii} = \gamma_{ii} = 0$  and  $\partial_i h^{ij} = \partial_i \gamma^{ij} = 0$ .

We can take the energy-momentum tensor to be given by

$$
T_{\mu\nu} = (\rho + P)u_{\mu}u_{\nu} + P g_{\mu\nu}, \tag{5}
$$

where  $u^{\mu} = (1, 0, 0, 0)$ . The system (1) and [\(2\)](#page-0-7) can then be used to find the evolution equations at all times. We will be focusing on the very early Universe, when matter could be described in terms of a relativistic perfect fluid. It was shown in Ref. [\[1\]](#page-3-0) that the modified Friedmann-Robertson-Walker equation has the form

$$
3H^{2} = \frac{1}{\kappa} \left[ \kappa \rho - 1 + \frac{1}{3\sqrt{3}} \sqrt{(\kappa \rho + 1)(3 - \kappa \rho)^{3}} \right] \times \left[ \frac{(1 + \kappa \rho)(3 - \kappa \rho)^{2}}{(3 + \kappa^{2} \rho^{2})^{2}} \right],
$$
 (6)

<span id="page-1-0"></span>where  $H = a'/a^2$ , and for  $\kappa \rho \ll 1$ , we have  $H^2 \simeq \rho/3$ . This equation has critical points for  $H(\rho_B) = 0$  at a maximum density  $\rho_B$  which depends on the sign of  $\kappa$ . It is useful to write out the background equation that arises from the field equations:

$$
-\frac{|XY^3|}{X^2a^4} + \frac{\lambda}{a^2} = -\kappa \frac{\rho}{a^2}, \qquad \frac{|XY^3|}{Y^2a^4} - \frac{\lambda}{a^2} = -\kappa \frac{P}{a^2}.
$$
 (7)

To construct the perturbed field equations, we need the following identities:

$$
\sqrt{|q|} = |XY^3|(1 + \mathcal{O}(\gamma^2)),
$$
  
\n
$$
\sqrt{|g|} = |XY^3|(1 + \mathcal{O}(h^2)),
$$
  
\n
$$
(q^{-1})^{ij} = \frac{1}{Y^2}(\delta^{ij} - \gamma^{ij}) \text{ where } \gamma^{ij} = \delta^{ik}\delta^{jl}\gamma_{kl},
$$
  
\n
$$
(g)^{ij} = \frac{1}{a^2}(\delta^{ij} - h^{ij}) \text{ where } h^{ij} = \delta^{ik}\delta^{jl}h_{kl},
$$
  
\n
$$
\delta T^{ij} = -\frac{P}{a^2}h^{ij}.
$$

We obtain the field equations in the form

$$
-\frac{XY^3}{a^4}\frac{1}{Y^2}\gamma^{ij}+\frac{\lambda}{a^2}h^{ij}=\kappa\frac{P}{a^2}h^{ij}.
$$

But using Eq. ([7\)](#page-1-0), we have that

$$
-\frac{XY^{3}}{a^{4}}\frac{1}{Y^{2}}\gamma^{ij} + \frac{\lambda}{a^{2}}h^{ij} = \left(-\frac{XY^{3}}{a^{4}Y^{2}} + \frac{\lambda}{a^{2}}\right)h^{ij},
$$

which simplifies greatly to

$$
\gamma_{ij}=h_{ij}.
$$

This is an intriguing result. Even though the tensor perturbations in both the metric and the auxiliary metrics are multiplied by different conformal factors, they are identical in this theory. Furthermore, even in the Einstein regime, where  $X = Y = a$ , we find that  $\gamma_{ij}$  is nontrivial and completely locked to the behavior of  $h_{ij}$ .

<span id="page-1-1"></span>We can now proceed to construct the evolution equation for  $h_{ij}$  to find

$$
h_{ij}'' + \left(3\frac{Y'}{Y} - \frac{X'}{X}\right)h_{ij}' + \left[4\left(\frac{Y'}{Y}\right)^2 + 2\frac{Y''}{Y} - 2\frac{X'}{X}\frac{Y'}{Y} - \frac{2}{K}\frac{X'^2}{Y}\right]h_{ij} = 0.
$$
 (8)

The spatial background field equation can now be used to find

$$
Y^{2} = a^{2} + \kappa \frac{Y^{2}}{X^{2}} \left[ \frac{Y''}{Y} + 2\left(\frac{Y'}{Y}\right)^{2} - \frac{Y'X'}{YX} \right],
$$

which, when replaced in Eq. [\(8](#page-1-1)), leads to our final expression:

$$
h''_{ij} + \left(3\frac{Y'}{Y} - \frac{X'}{X}\right)h'_{ij} + \left(\frac{X}{Y}\right)^2 k^2 h_{ij} = 0.
$$
 (9)

<span id="page-1-2"></span>This is a remarkably simple evolution equation for the tensor mode. In the Einstein limit, it reduces to

$$
h_{ij}'' + 2\frac{a'}{a}h_{ij}' + k^2h_{ij} = 0,
$$
 (10)

as expected.

#### III. EVOLUTION OF TENSOR MODES

We now wish to see how this system evolves in the different regimes. In the Einstein regime, we find that the evolution is indistinguishable from Einstein gravity, even though the auxiliary metric is perturbed and present. The solutions to Eq. ([10](#page-1-2)) will be the standard ones, depending on the dominant source of energy momentum and can be found in any standard text book. For example, in the radiation era, we find that

<span id="page-2-0"></span>
$$
h_{ij} \propto \frac{1}{\sqrt{\eta}} \mathcal{H}_{1/2}^{(1)}(k\eta), \qquad \frac{1}{\sqrt{\eta}} \mathcal{H}_{1/2}^{(2)}(k\eta),
$$

where  $\mathcal{H}_{\nu}^{(m)}(x)$  are Hankel functions of the *mth* kind. In the radiation era, we have  $\nu = 1/2$ , and the solutions reduce to a regular  $[\sin(k\eta)/k\eta]$  and irregular [ $\cos(k\eta)/k\eta$ ] solution as  $k\eta \rightarrow 0$ . The familiar behavior of gravitational waves [[10](#page-4-6),[11](#page-4-7)] emerges for very large  $k\eta$ where we find decaying oscillatory solutions propagating at the speed of light. Crucial to this behavior is that there is no time-dependent factor multiplying the Laplacian (or Fourier space analogue,  $-k^2$ ).

It is in the Eddington regime that we find novel behavior, and we will first focus on  $\kappa > 0$ . In Ref. [\[12\]](#page-4-8), it was shown that the evolution of the background in the Eddington regime can be approximated by

<span id="page-2-1"></span>
$$
\frac{a}{a_B} = 1 + \exp\left(\sqrt{\frac{8}{3\kappa}}(t - t_0)\right),
$$
  
\n
$$
V \equiv \left(\frac{Y}{a}\right)^2 = \sqrt{2}\exp\left(\frac{1}{2}\sqrt{\frac{8}{3\kappa}}(t - t_0)\right),
$$
  
\n
$$
U \equiv \left(\frac{X}{a}\right)^2 = \frac{1}{2}V^3,
$$
\n(11)

where  $a_B$  is the minimum scale factor, and t is physical time. This primordial, nonsingular behavior was already alluded to in Ref. [[1\]](#page-3-0) and seems like an attractive, alternative explanation for early time. It resurrects another of Eddington's ideas of doing away with beginning and instead have the Universe indefinitely loitering in stasis in the distant past. We can see, however, from Eq. ([11\)](#page-2-1) that the auxiliary metric *does* become singular as  $t \rightarrow -\infty$ , and it is this behavior which will play a crucial role in the evolution of the tensor modes.

To proceed, we need to reexpress our background quantities in terms of conformal time,  $\eta$ , which we can find by integrating  $d\eta = dt/a(t)$  using the above expression to find

$$
a = \frac{a_B}{1 - \exp(\alpha \Delta \eta)},
$$

where  $\alpha = a_B \sqrt{8/(3\kappa)}$ , and  $\Delta \eta = \eta - \eta_i$  (where  $\eta_i$  is a fiducial time) is negative (akin to when we write de Sitter metric conformal coordinates, we find that  $\eta$  < 0). We then have that

$$
\frac{X^2}{Y^2} = \frac{\exp(\alpha \Delta \eta)}{1 - \exp(\alpha \Delta \eta)},
$$
  
\n
$$
\left(3\frac{Y'}{Y} - \frac{X'}{X}\right) = \partial_\eta \ln(Y^3/X) = \partial_\eta \ln a^2 \sqrt{V^3/U},
$$
  
\n
$$
= 2\frac{a'}{a} + 2\alpha \frac{\exp(\alpha \Delta \eta)}{1 - \exp(\alpha \Delta \eta)},
$$

<span id="page-2-2"></span>The evolution equation for the tensor mode is

 $\mathbf{A}$ 

$$
h_{ij}'' + 2\alpha \frac{\exp(\alpha \Delta \eta)}{\left[1 - \exp(\alpha \Delta \eta)\right]} h_{ij}' + \frac{\exp(\alpha \Delta \eta)}{\left[1 - \exp(\alpha \Delta \eta)\right]} k^2 h_{ij} = 0.
$$
\n(12)

A crucial difference with regard to tensor modes in Einstein gravity is that the prefactor of the last term in Eq. ([12](#page-2-2)) becomes singular. While in Einstein gravity, that term is responsible for the acoustic, or wavelike, behavior of the tensor mode evolution; in Eddington gravity, the Laplacian term is greatly suppressed. One possible interpretation is that the speed of the gravitational wave goes to 0 as  $t \rightarrow -\infty$ . We can extract the asymptotic behavior of the wave equation in the limit where  $\Delta \eta \rightarrow -\infty$  by discarding the last terms in Eq. [\(12\)](#page-2-2) to find

$$
h_{ij}^{\prime\prime}\simeq 0,
$$

which we can solve to give  $h_{ij} \propto A \eta + B$ . As announced, we have found an instability in the Eddington regime, in the asymptotic past. The consequences of such a result will be discussed in the conclusions of this report.

We now turn to the case where  $\kappa < 0$  where we found a bounce when the scale factor of the Universe reaches its minimum, nonsingular value. It was shown in Ref. [\[12\]](#page-4-8) that, if one chooses a closed, positively curved spatial metric, it is possible to construct an oscillating (or Phoenix Universe) which undergoes an indefinite number of cycles. Such a model should, in principle, allow us to study the evolution of perturbations through the various cycles and shed light on some of the issues that have been raised in the study of cyclic cosmologies [[13,](#page-4-9)[14](#page-4-10)].

Again, we will work deep in the Eddington regime where the  $a$ ,  $X$  and  $Y$  can be closely approximated by (assuming Euclidean geometry)

$$
a = a_B \left( 1 + \frac{2}{3|\kappa|} t^2 \right), \qquad X^2 = \frac{4}{3} a^2 \sqrt{\frac{|\kappa|}{2}} \frac{1}{|t|},
$$

$$
Y^2 = \frac{4}{3} a^2 \sqrt{\frac{2}{|\kappa|}} |t|,
$$

and we have assumed that the bounce occurs at  $t = 0$ . In conformal time, we find that the scale factor can be expressed as

$$
a = a_B [1 + \tan^2(\beta \eta)],
$$

where  $\beta = a_B \sqrt{2/(3|\kappa|)}$ . We then have

$$
X^{2} = a^{2} \frac{4}{3^{3/2}} \frac{1}{|\tan(\beta \eta)|}, \qquad Y^{2} = a^{2} \frac{4}{3^{1/2}} |\tan(\beta \eta)|. \tag{13}
$$

We can now take the Taylor expansion around  $\eta = 0$  to find that

$$
\frac{X^2}{Y^2} = \frac{U}{V} \simeq \frac{1}{3\beta^2 \eta^2}, \qquad \left(3\frac{Y'}{Y} - \frac{X'}{X}\right) \simeq \frac{2}{\eta}.
$$

The evolution equation for the tensor mode reduces to

$$
h_{ij}'' + \frac{2}{\eta} h_{ij}' + \frac{k^2}{3\beta^2 \eta^2} h_{ij} = 0,
$$
 (14)

which can be solved with  $h_{ij} \propto \eta^p$ , where

$$
p = -\frac{1}{2} \pm \frac{1}{2} \sqrt{1 - (4k^2/3\beta^2)}.
$$

As in the case of  $\kappa > 0$ , we find an instability as  $a \rightarrow a_B$ , this time at the bounce; both solutions blow up as  $\eta^{-1/2}$ , rendering such a space-time unstable to tensor mode perturbations.

## IV. CONCLUSIONS

<span id="page-3-3"></span>In this paper, we found that, even though the background evolution is resolutely nonsingular, the overall evolution is still singular once one considers tensor perturbations. It is an intriguing result and especially so in the case of  $\kappa < 0$ , where the tensor mode blows up at a finite time. The singular behavior is clearly induced by the evolution of the homogeneous part of the auxiliary metric (i.e. via X and Y) and is a completely novel effect, not present in conventional, Einstein gravity.

A similar instability does arise in the radiation era, in Einstein gravity—as we saw above, there is a decaying mode, proportional to  $1/k\eta$  at early times and clearly divergent as  $\eta \rightarrow 0$ . Yet, the current paradigm does not extend the radiation era all the way back to the big bang; there is an intervening period of de Sitter expansion, known as cosmic inflation, which itself has a finite duration. One can imagine invoking a more elaborate theory for Eddington theory in the asymptotic past but the simplest scenario, first proposed in Ref. [[1\]](#page-3-0), does not work in its simplest incarnation. The instability is unavoidable for both  $\kappa > 0$  and  $\kappa < 0$ .

How general is this behavior? In Refs. [\[8](#page-4-4),[9](#page-4-5)], an alternative viewpoint for these theories of gravity was proposed, firmly placing them in the context of bigravity. Inevitably, in such theories, one finds more than one tensor mode which may or not be tightly coupled to each other, depending on whether the auxiliary metric has its own kinetic term. An analysis of perturbations in Ref. [[15](#page-4-11)] did not find such an instability in the scalar sector, and this might be a hint that it is the particular form of the Eddington-inspired Born-Infeld theory which gives rise to such behavior. Another possibility is the fact that we are considering a Palatini formulation of gravity where, as shown, pathologies occur which are absent in purely metric theories [[16](#page-4-12)]. We intend to look at general formulation of gravity theories [[17](#page-4-13)] to pin down the conditions in which such an instability arises.

We may learn some lessons from the cosmological setting which may be applicable in other physical circumstances. In particular, there has been some work on understanding the process of gravitational collapse in Eddington gravity. The focus has been on spherical collapse, as one might expect. Clearly traceless, transverse modes may play an unexpected role and should be included if possible [[18\]](#page-4-14). Indeed, by allowing for more general perturbations, it should also be possible trace the effect of nonlinear evolution of the tensor modes (coupled to radial modes) to search if the singularity can be stabilized in the nonlinear regime.

Finally, there is of course the whole realm of gravitational waves to be explored in more general settings in these theories of modified gravity. Our analysis clearly hints at the possibility that interesting effects might arise in these theories in regions of density and curvature. This is clearly one of the new frontiers of modern gravitational physics which merits further exploration, especially given the developments in the study of inspiralling compact objects, pulsars and gravitational wave detection [\[19\]](#page-4-15).

### ACKNOWLEDGMENTS

We thank T. Baker and T. Clifton for useful discussions. This research is supported by STFC, Oxford Martin School, BIPAC and the Basque Government through Ruth Lazkoz's research project AE-2010-1-31, Fundación Pablo García, FUNDEC, México. M. B. was partially supported by Fondecyt (Chile) Grant Nos. #1100282 and # 1090753.

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