## La teoría de las emociones de James y el giro afectivo en psicología

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## **Abstract**

Using William James's classical theory of the emotions, this article discusses the way the relationship between cognition and emotion are pre-dominantly explained and operationalized in contemporary psychology and neuroscience research. Specific aspects of James's theory are reconstructed, connecting his more general philosophical framework with arguments about the relationship between subjective experience and the process of corporal change. A review published in the journal Cognition & Emotion (C&E; (2001–11) concludes that almost all its literature is based on the idea of interaction between two different processes, while James suggests that theprocess of experience is one and the same. Dialogue between these two scenarios facilitates the identification of current research potentialities interms of mixed-method studies and with emphasis on the temporality of action, overall physiological change, and uniqueness of experience.

## **Keywords**

Emotions, Cognition, Dualism, William James.